CONTENTS

- 6 Safe, sound and sanctioned sex 9 Unsafe sex

- Bondage and Discipline Spanking/Flagellation Fisting Douching

- Rimming Golden Showers Water Sports Catheters

- Branding and scarring

- 13 Fetishism
 13 Role plays
 14 S&M sex
 14 Bondage an
 14 Spanking/Fl
 17 Fisting
 17 Douching
 18 Arse play
 18 Scat
 21 Rimming
 21 Golden Sho
 21 Catheters
 21 Piercing
 22 Needles
 22 Branding ar
 22 Shaving
 25 Sex toys
 25 Tit play
 25 Cock rings
 28 Vacuum pu
 28 Sucking
 28 Foot play
 29 Wax and ic
 29 Breath con Shaving
 Sex toys
 Tit play
 Cock rings
 Vacuum pumping

 - Foot play
 Wax and ice
 Breath control
- 29 Electricity

- SEX AND DRUGS
 Poppers (Amyl Nitrate, butyl and isobutyl nitrate)
 Other drugs

- 38 Water-based lubricant
 39 HIV infection
 41 Organisations
 42 Useful links